



- 1. Spectator Parking
- 2. Trail Head
- 3. Pit Parking
- 4. Trail Exit
- 5. Trail Head

25m  
1.5 Inches = 100 metres

[www.crmx.ca](http://www.crmx.ca)

Designed by [www.sperrydesign.ca](http://www.sperrydesign.ca)

HWY  
103

To Halifax

To Yarmouth

## MEMBER / RIDER SAFETY

CRMX holds safety in the highest regard. There is absolutely ZERO tolerance for those who do not adhere to CRMX's safety rules.

### WEAR THE RIGHT GEAR:

ALL riders at the facility MUST wear all the required gear before entering the track or trails:

- Helmet
- Full-length riding pants
- Jersey chest protection / body armour
- Gloves
- Riding boots

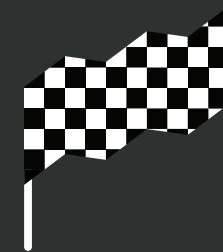
### OVERALL FACILITY RULES:

- No alcohol is to be brought onto the property and drugs will not be tolerated.
- Know and respect the track.
- Know and respect the track flags.
- Respect fellow riders
- Always look both ways when entering the track — treat the track as you would treat the street.
- Maintain your bike (i.e., changing the oil and filters, making sure all the nuts and bolts are properly torqued, and adjusting the chain and tire pressures).
- Hold your line — do not weave or swerve in front of other riders.

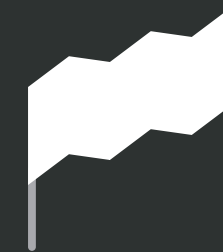
Our track, as well as each and every obstacle, is designed with rider safety in mind. The combination of a correctly designed track, flaggers on designated ride days and events, proper riding gear, and the our Learn to Ride Motocross Program, all help to lower potential risks to riding, but in no way eliminates the risk of injury.

## TRACK SIGNAL FLAGS

EVERY RIDER MUST KNOW WHAT THE FOLLOWING TRACK SIGNAL FLAGS MEAN.



Finish



One lap to go



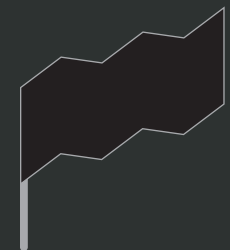
All is okay with the race;  
the race is going well



Caution / rider is down



The race has been stopped



There is a problem with your bike  
or equipment; please see the referee



A faster rider is coming up behind you.  
Move over to the side safely



Emergency personnel are on the track tending to a downed rider.  
Use extreme caution